

# A View from Washington State



# Facing the Future: The State Long- Term Care Task Force and Federal Initiative Project 2020

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**September 17, 2008**



**ADSA** Aging & Disability  
Services Administration

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# Aging and Disability Services Administration

- One administrative organization - Aging, Long-Term Care (LTC) and Developmental Disabilities programs.
- ADSA's values receive strong statewide support to help seniors/adults with disabilities to stay healthy and independent in their communities.
- Emergent as national leader in promoting and establishing Home and Community Based Services (HCBS).



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## The Lewin Group Analysis

- Washington one of only four states that met three measures of LTC progress
- 1995-2005:
  - Total LTC spending +5% (per person age 65+)
  - HCBS spending +32%
  - Nursing facility spending -37%
- National average: 40 per 1,000 in nursing facility (age 65+)
- Washington's average: 17 per 1,000 in nursing facility (age 65+)



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# AARP State LTC Reform 2008 Report

- HBCS spending in FY2006:
  - Washington allocates 54%
  - National average 24%
- Nursing facility spending in FY2006:
  - Washington allocates 46%
  - National average 75%



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## 2007-2009 Biennium

- ADSA LTC expenses - \$3 billion
- In-home – 49%
- Residential care – 12%
- Nursing facilities – 39%



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## LTC Current Reality

- 78 million Aging Baby Boomers
- LTC issues and costs not just a Medicaid-eligible population issue
- Consumers want easy access to assistance and information – demand choice
- Family caregivers still provide most LTC
- Organized labor recognizes large LTC workforce



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# Washington Task Force on LTC

## Goals and Recommendations:

- Advance Planning and Access to LTC Information
- Aging in Place
- Support for Informal Caregivers
- Chronic Care
- Falls Prevention
- Health Information Technology

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# HB 2668: LTC Expansion

### Proposed and funded:

- Assessment and referral tool for family caregiver support
- Senior Falls Prevention program
- Support residents in community who are at risk for institutional placement
- Two dental access projects
- RN may delegate insulin injections to nursing assistants

### Proposed but not funded:

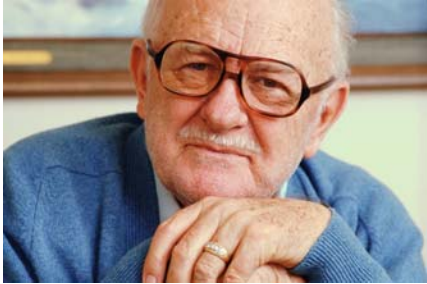
- Improved access services to LTC planning, counseling, crisis intervention, and community based services
- Matching grants to expand adult day services



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# Project 2020: Fulfilling the Older Americans Act

### Background:

- NASUA and W4A: Staff and boards have consulted many times to hammer out agreements
- Reauthorization of Older Americans Act language
- Seeking federal appropriations and new authorizing language
- Using the past five years of tested and proven best practices



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## Key Elements of Project 2020

- Person-centered access to information
- Disease prevention and health promotion
- Services that provide alternatives to institutional care for private pay



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## Federal Net Change

Components of Program	Estimated Federal Net Change (5 years)	Estimated Federal Net Change (10 years)
Person-Centered Access to Information	\$303.1 million	\$1.2 billion
Evidence-Based Disease Prevention and Health Promotion	\$153.5 million	\$646.4 million
Enhanced Nursing Home Diversion Services	\$1.6 million	\$152.7 million

\*Estimates from Project 2020 (NASUA)



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## Other Project 2020 Components:

- Technology Grants
- Technical Assistance
- Evaluation



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## ADSA Proposals: 2009-11 Biennial Budget

- \$13.4 M (GFS \$6.9 M) to provide more social workers and nurses at state and AAA's
- \$3.7 M (GFS) for Aging and Disability Resource Center pilot in Pierce and one other site
- \$766 K (GFS) continue Dementia Partnership Project sites as part of family caregiver support

GFS = General Fund State



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